

Mouse Pancakes

You will need:

- Pancake mix
- Blueberries

Directions:

1. Mix together your favorite pancake mixture
2. Pour 1 medium size pancake (face) on the pan
3. Pour 2 smaller sized, symmetrical pancakes (ears) above the medium pancake making sure there is some overlap and that the 3 circles are attached.
4. Place blueberries on medium sized pancake to create face
5. Let your toddler serve themselves from the family plate of pancakes with the Smart Steps Kid-Tensils



Pizza Art

You will need:

- Whole wheat English muffin
- Pizza sauce
- Mozzarella Cheese
- Veggies

Directions:

1. Cut English muffin in half
 2. Top with pizza sauce and mozzarella cheese
 3. Cut up veggies
 4. Have your toddler decorate the pizza with pre-cut veggies
 5. Bake in oven at 375 until cheese is melted
- Tip:** Make it a family event. Mom and Dad can decorate their own pizzas by substituting the muffin with pita bread.

